# PAIGE COWEN

(918) 520 - 4004 cowenpaige@gmail.com Brooklyn, NY



#### DANCE PERFORMANCE

Ending the War on My Body, Katherine McClintic A Meal, Ximena Garnica & Shige Moriya The Waters, Christie Coleman Operation Alice, Chia-Hui Cheng The Emus, Yeujia Low Piece of a Whole, self choreographed Untitled HaVE A gReaT DaY, self choreographed Andrea Markus Rhythm is a Dancer Productivity?, self-choreographed The Big Fall, Madeline Kelich Live Chet Life, Nancy Lushington Venus Scorned. Michael Thomas Pantsuit Posse, Celia R. Hall

### THEATER PERFORMANCE

Multi-disciplinary, Ensemble Contemporary Contemporary, Ensemble **Experimental Dance Theater** Multi-disciplinary, Solo Improvisation, Solo Dance Film, Solo West African, Ensemble + Soloist Live Improv Dance Battle, Soloist Multi-disciplinary, Solo Music Video Jazz, Ensemble Lyrical / Modern, Ensemble + Soloist Flashmob

Multi-media performance, Ensemble

Gibney: Agnes Varis Studios Leimay Ensemble, HERE Arts Center Accent Dance Company Spoke the Hub, Greenspace The Exponential Festival, TMT Governor's Island, The Craft Open Floor, CyberTank 7mpr Virtual Performance **DAW Virtual Showcase** Impulstanz W.I.P. Showcase NYU **DAW Showcase DAW Showcase Union Square Park** 

Horton Hears a Who	Gertrud McFuzz	School Performance
The Sound of Music	Brigitta	Hunt, Texas
The Little Mermaid	Jetsam	Hunt, Texas
The Princess and The Pea	Jester	Hunt, Texas
A Midsummer Night's Dream	Puck	School Performance
Peter Pan	Wendy	Hunt, Texas
<i>The Emus,</i> Yeujia Low	Experimental Theater	The Exponential Festival, TMT

#### TRAINING

GALLIM Dancing with the Camera intensives — virtual	2021
B.A. Dance Studies — Marymount Manhattan College	2017-2020
Alexandra Beller + Dancers Intensive — Brooklyn, NY	2019
Impulstanz — Vienna, Austria	2019
Movement Research Workshop + Live showing — MoMA, New York, NY	2018
Ballet Academy East — New York, NY	2018-2022

Modern: Belinda McGuire, Catherine Cabeen, Lone Larsen, Nancy Lushington, Joao, Karyn Gayl, Damien Bassmen Ballet: Francois Pender, Elena Commendador, Anthony Ferro, Kat Wildish, Juan Carlos Penuela Contemporary: Andrea Miller, Emily Terndrup, Elisabeth Motley, Alexandra Beller, Jennifer Monson, Kristin McQuaid African: Andrea Markus

Jazz: Sheila Barker, Geoff Doig-Marx, Kristin McQuaid, Al Blackstone

# CHOREOGRAPHY EXPERIENCE

Again, It Pulls Cabin Fever Breaking Down, A Rhythm From the Source Film Film Film Concert piece Acadia Dance Festival The Tank: Telethon CyberTank Variety Show DAW showcase

# SPECIAL SKILLS

Improvisation, Acting, Singing (Alto + Soprano), English + French Accents, Limited French speaking & reading, Gymnastics, Impressions, Barista, Archery, Horseback riding, Swimming, Wakeboarding Film skills: direction, cinematography, photography, iMovie, Garage Band, Audacity, Adobe audition

#### **TEACHING EXPERIENCE**

Prestige Dance Company Ballet, Strength & Conditioning 2014-2016	Accent Dance Company, New Rochelle High School Barre3 Camp Waldemar Prestige Dance Company	Contemporary, Choreography Group Fitness Mixed Level Group Classes Ballet, Strength & Conditioning	2023 2021-present 2016 2014-2016	
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### **ADMINISTRATION & STAGE EXPERIENCE**

GALLIM	Marketing + Communications	2022-present
The Tank	Livestream / Tech	2021-present
Gibney	Usher	2022-present
Haus of Dust, The Tank	Usher + audience guide	2021
Offset Dance Fest	Assistant Stage Manager	2020
Rioult Gala	Usher + auction assistant	2018